

Connecticut State University System

Developing a State of Minds

RESOLUTION

concerning a

MODIFICATION

for a

HEALTH PSYCHOLOGY SPECIALIZATION IN THE MASTER OF ARTS DEGREE PROGRAM IN PSYCHOLOGY

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CENTRAL CONNECTICUT STATE UNIVERSITY

June 14, 2002

RESOLVED, That the Board of Trustees for the Connecticut State University System approves Central Connecticut State University's proposal to offer a specialization in Health Psychology in its Master of Arts degree program in Psychology, and be it further

RESOLVED, That the president of Central Connecticut State University provide appropriate documentation to the Board of Governors for Higher Education.

A Certified True Copy:

William J. Libes Jr., Chancellor

ITEM

Modification of the Master of Arts degree program in Psychology to include a specialization in Health Psychology at Central Connecticut State University

BACKGROUND

This program is being modified to address the need for trained professionals who can address health-related issues such as disease prevention, health treatment and the parameters of disease from a psychological nexus. Many of the courses in the MA program currently address factors relating biological and psychological aspects of health-related issues. This specialization will focus on increasing the scope of knowledge for students in the growing area of health psychology while maximizing the use of the current psychology curriculum

ANALYSIS

This program expands on the current MA curriculum by requiring two additional courses; this addition will ensure that graduate students with a health specialization in psychology have the requisite knowledge and grounding in bio-physiological and health care for this field of study. There are no MA programs in this field in the northeast; three regional doctoral programs have this specialization and there is only one Ph.D. program in Health Psychology. As one of the more highly enrolled degree programs, projections for current clinical majors shifting to Health Psychology and new students entering as Health Psychology majors appear valid.

The specialization builds on existing program resources and at the current time will require no new faculty or library holdings. In time, and with program growth, additional laboratory facilities may be necessary. Current university support will sustain the specialization. The program contains appropriate outcomes assessment and evaluation measures and presents a favorable description of employment possibilities as well as preparation for advanced graduate study.

CHANCELLOR'S RECOMMENDATION

Approve the proposal from Central Connecticut State University to modify the Master of Arts degree program in Psychology to include a specialization in Health Psychology.